Aspen Family
Counseling is a unique,
full-service, outpatient
community resource
specializing in
comprehensive
consultation,
evaluation and
psychotherapy. We
strive to provide a
welcoming atmosphere
for anyone who seeks
our services.

Therapy serves as a positive medium which allows people to develop a deeper understanding of themselves in our increasingly complex world, so that they may make productive decisions which lead to their own personal happiness.

#### **Aspen Family Counseling**

2639 New Pinery Road Ste. 1 Portage, WI 53901



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### ASPEN Family Counseling

### Employee Assistance Program

Empowering you to cultivate personal and family growth

# Confidential services are available for all staff and their family members.

We can assist you with:

- Assessment & Referral
- Bereavement
- Career Planning
- Conflict Resolution
- Crisis Intervention
- Family Concerns
- Mediation
- Psychological Testing
- Retirement Concerns
- Stress Management
- Team Building
- Trauma Response

ASPEN also offers on-site training sessions on topics such as sexual harassment, communication breakdown, stress reduction, etc, and can tailor a program to fit your workplace needs.

# EAP services are provided to you FREE OF CHARGE and are CONFIDENTIAL!

Information is not shared with your employer unless you choose! This request must be in writing.

If your concerns can be resolved in a few sessions, or even if it's more complicated than that, we will assist you in determining your best course of action. If a referral is needed, we will locate the resources available to provide you the service you need.



#### Employee Assistance Program Policy Statement

- Supervisors can encourage use of EAP services if they notice a subordinate's job performance and/or behavior is documented as unsatisfactory.
- An employee's participation in the EAP will not jeopardize their job security or promotional opportunities, nor will it change the employee's responsibilities under the employer's personnel policies. Employees will only be under disciplinary action should the employer's personnel policies indicate such action is necessary.